GANS Pack with Health Protocols Testimonials

My wife suffers from burn-out & nerve depletion. She could not experience 3 days in a row of good energy levels. After 3 days on the GANS Pack she had good energy, which has continued for 2 weeks straight! She’s also feeling much calmer as her nervous system is being restored, I suspect! Also, since she is underweight, her appetite has significantly increased, sometimes having to get up in the middle of the night to have more food! With increased energy levels and metabolism, along with an increase in food intake, she’ll soon start to gain more weight too!
We both wake up much more refreshed in the mornings than we used to. We noticed this improvement after the first few days on the GANS Pack!
Being in an apartment building, I sometimes get bitten by bedbugs. Once bitten, the bites become very inflamed (enlarge into big red welts) & itchy; this can last for 3-4 weeks, after which there would often be a permanent "scar" left on the skin. Right after the last few bites, I applied the Pain Pen for a couple of minutes on each bite, and found that the bites were quite a bit healed overnight! After further applications, they healed perfectly, without leaving a trace on the skin!!
Paul    July 2019

Dear Richard,
I just want to let you know what marvellous results I have had from the GANS of CO2 for a pain in my side that just wouldn’t go away. I am loathe to go to doctors because I feel they do more harm than good but I rubbed some of the liquid on the spot where I was experiencing the pain and it abated almost straight away. I originally purchased the GANS products for my Mum who is nearly 93 but she was a bit sceptical about them so they sat in my cupboard for ages not being used. When I suffered this excruciating pain I thought I would give the GANS of CO2 a try because I was just about at my wits end knowing how to deal with it. I was so happy and relieved that it worked and will now be recommending it to all my friends. Thank you for bringing these wonderful products to Australia.
Best regards, Jo    July 2019

Hello again,
A little update... of you recall I bought the GANS Pack with Health Protocols for a little cancer thing on my nose... the cancer went away and I continued treating it to help regenerate original shape of the nose. One month ago, I started to apply only CuO and that is speeding up the regeneration.
I now feel safe to handle the cataract and have made a mix of all 4 GANSes and the cataract at last is receding rather visibly... So, all good...
The point here is to keep going... even if progress is "slow"
I have now been at it for I think nearly 2 years... but it took more than 10 to develop!!!! and there is progress... some may think THIS is too slow... but if it works why not keep going - besides for me it is kind of an exciting GANS experiment :) and again for my nose
to now bit by bit win back its original shape is kind of a miracle...
I drink nearly 2 litres of CO2/ZnO GANS water every day. That helps, too, not least on general health.
Much Love, Bente    July 2019

I was very impressed that my BP went down after 4 days of the CO2 and ZnO. I had wonderful success last night when I made two healing patches, one of CO2 and ZnO, and placed them on each side of my calf and had no cramping or Charlie horses last night. I had terrible cramping, Charlie horses in this area the night before. I didn't see cramping, spasms, Charlie horses mentioned in your Health Protocols manual so I thought I would mention it. I am loving the benefits I’m having and excited about what I still need to learn. Thanks for helping me with my education.
Carolyn    July 2019

Hello Richard,
I wanted to leave feedback for the GANS Water. I ordered the GANS Pack with Health Protocols in January of this year (2019) after suffering through recovery of a hip replacement in 2016 and needing the other hip replaced due to the fact I have degenerative arthritis in both hips. After surgery the new hip recovery went well but caused me to be off balance and in a lot of pain daily because the other hip needed to be replaced. I really did not want to go through another surgery and the pain caused depression to set in. I started researching and found Mr Keshe and You. So, I ordered the GANS Pack with Health Protocols. When it arrived, I transferred each one to larger bottles and kept them separated as advised in the protocols and began 1oz of the Co2, ZnO and CuO 3 times daily. At the time I was coming down with the flu after 3 days my hip pain was at a 3 (scale 1-10) where before it was a 10 for over 2 years. I continued that protocol for 4 weeks, got over the flu and have continued to have a pain level stay at 1 to 0... It’s like a miracle and I am now ready to go back to work as a Cosmetology Instructor at college level. My protocol after 6 months is 1oz Co2 and 1oz ZnO daily. That’s it and I feel great. I also have the Pain Pen and use it in the evenings if I feel sore because I do best drinking the GANS first thing in the morning and the pen is relaxing at night before bed. Thank you, Richard, for making GANS available and I hope this helps others with their personal health journey.
Sincerely, Ann McGregor Albuquerque NM    June 2019

Hi Richard,
I have been using the plasma water of the GANS of ZnO & CO2, on 4 skin cancers I had on my arm. After 3 weeks they have been removed. I started dabbing the plasma water on them for a week, then I was soaking some kitchen paper with the water, then putting that direct on them, then covering that with sticking plaster, then wetting the sticking plaster with the plasma water overnight. They are now gone. Thanks for the knowledge.
Garnett    May 18, 2019

Hello Richard,
Since receiving the GANS, I have been using the eye drops protocol in my eyes. I used to get very sore eyes, where I couldn’t look at the TV for long or read a book as they would become sore and watery. Since using the drops for about six weeks now, my eyes are no longer getting sore and I can read a txt on my phone without using glasses.

Page 2 of 27
5 August 19
Copyright © Magravs Plasma Products
Thanks, Garnett  June 10, 2019

Thank you, Richard and Mr. Keshe!! I am the only 90-year-old I know whose major array of blood tests are all perfect as well as other vital signs and indicators of health. Even my fingernails which used to break all the time even though they were short, since taking CO2 and ZnO plasma water they do not break at all. So, I say thank you, thank you, thank you!! Ellen  June, 2019

Hi Richard,
I’m following your protocol for using the liquid plasma and I’m very happy to report improved skin on my face, whiter teeth and improved digestion.
I realize that my improvements are rather subjective but someone at the gym commented on my white teeth. I’ve also had several people comment on my skin.
I’ve worked my way up to 60 ml CO2 and 60 ml ZnO three times a day, 10 or more minutes apart. I take an additional 60 ml ZnO before bed. I do this religiously since I realize that for the body to heal itself, I need to be patient. I also always say, “I wish that.........”, as you outlined.
I’m very grateful to you for sharing your research so generously. You radiate trust, caring and wisdom. Pretty impressive combination.
Best wishes, Ursula  June, 2019

Hi Richard,
I started wearing glasses in 3rd grade so that I could see the blackboard clearly. My prescription has never changed through the years, except 2 ½ years ago I was introduced to progressives.
(side note) There is a mountain directly in front of my view that from June through sometime in October it has a huge smile upon it. Two big eyes and a mouth made of snow, just like the yellow smile button! A few days ago, I was looking at it while I was taking my glasses off and realized I could see it better without my glasses.
Yesterday I had my eye exam and was telling the optometrist I thought I could see better, of course he looked at me a little odd. But as it turns out it is true. To explain it in a simple way as he did to me, my eyes are three clicks better on the right and one click better on the left. And what really blew me away is I no longer need glasses for distance. However, my up-close reading worsened by one click.
So, for the first time ever, I can see long distance without glasses.
I have been drinking the GANS Pack with Health Protocols water for almost exactly a year now and I am almost positive my newfound eyesight is the result of drinking the water. Now, I just need to purchase prescription reading glasses and go find myself a pair of sunglasses.
How cool is that!
Julie Goans  June, 2019

A severe Herpes infection cleared using the plasma water of CO2

In January 2019, MJ contacted me saying she had a severe Herpes infection:
“It has been around for a long time but came up viciously erupting about 2 years ago. It would come to the surface and would heal in about two weeks. However, it would come up in another area within a week. Small sometimes and large and intense another time. I used anything topical and some homeopathic remedies. I took Lysine and c and b vitamins for a year. But using the Keshe plasma water has been the best so far. I did not want to use an antivirus because I want to completely heal and eradicate it from my body, so I didn’t want to mask it with anything. The timeframe now that it has not come up is about a month.

I placed the plasma water on underwear initially for 3 hours and would put it on but then I would only do that at night. I would put a wet paper towel on the area with both the CO2 and the ZnO plasma waters during the day until it dried and then apply another one. After the healing of the areas and no outbreaks, I have started spraying the area with a 50/50 mixture 5 times a day and take the plasma water from the GANS of CO2 and ZnO orally. I still experience some pain in the muscles, which is about the size of a quarter in one spot and it makes me aware of it now and again but no outbreaks. I am hoping on eradicating the quarter size pain in the muscles. I am putting this out because I know how I have been suffering and if this will help someone else that would be great.”

March 5 was her first day without pain.

With a subsequent minor outbreak in late March, MJ fully utilised the protocol and made a GANS of the virus and used the plasma water from this to treat the outbreak. She also added some of the plasma water of the GANS of CuO to the mixture, and this seemed to be beneficial, though MJ feels making the GANS of the virus was the key to finally bringing the outbreaks to an end. MJ used a qtip to apply the GANS of the virus. As of April 21, 2019, MJ has not had an outbreak for 6 weeks and is not experiencing any pain in the muscles and feels if this keeps on that it has been eradicated. She is cautiously optimistic.

Dear Richard,

It’s now 18 weeks since I started with the GANS of CO2 and GANS of ZnO, and this is where I am at:

Small cancerous tumour on my nose reduced in size to just a mere 10%

Cancer gone

Nose cells reshaping according to their DNA/RNA....

Nails stronger and can now grow long, were brittle and breaking before...

Skin imperfections gone

Cataract reduced from 25% to 10%

Whole body overall ... super healthy ... eat less... and at peace in every way :-) :-) :-) 

I now drink 300ml GANS of CO2 and 300 ml GANS of ZnO x 3 a day....

So, I am very, very happy about the results... of the "let me try this out" not just study the Keshe Plasma Science and Technology.
Much Love, Bente  September 10, 2018

And an update:

Dear Richard,

This is amazing... been doing the GANS treatment for now 29 weeks.

For the last 4 weeks or so I started adding CuO to the CO2 GANS (50:50) and instead of applying it with a paper tissue (pad) and leaving it on the affected area for 10 to 20 minutes .... I shifted to applying it with a brush... and more often... difference is: the actual area did not get soaked and skin tissues i.e. crust did not soften too much... this resulted in the area healing better... i.e. the crust stayed on protecting the area so new skin could form...

The result is that the original nose shape is forming, while the now cancer free "tumour" is receding...

The change is quite visible from day to day.

While treating it directly in the above fashion I also drink every day the liquid plasma of CO2 GANS 600 ml and 600ml of ZnO.

This may be slow compared to many other "ways" reported... but it works... and I am particularly happy about the nose slowly finding its good old shape... so I don't need an operation.

An extra bonus is that all the skin on the face is now clean, fresh and smooth... all the "bad stuff" that was coming out in the beginning in an area around the tumour is handled completely...

ml Bente  November 30, 2018

Dear Richard,

I’d like to give further update on GANS usage...it is about 8 months now I am drinking 60 ml CO2 and ZnO each 2x /day and my health is stable. Usually I experienced in winter time many problems with flu symptoms and similar but when I started to drink GANS (Plasma water) my physical health is stable with no issues and this is amazing...

Kind Regards,
Štef  March 20, 2019

Thanks, Richard. I just used the ZnO and CO2 plasma waters in combination, 10 or more minutes apart, to knock out a nasty cold in one day. Normally a cold like this would last 3-5 days. Amazing!!!
David. December 23, 2018

Dear Richard,

I have been wearing glasses to drive for about 4 years now, I am 59 years young and just assumed that fading eyesight is par for the course. However, since starting to drink the GANS (plasma activated) water about 3 weeks ago I have noticed a change! The varifocal glasses I have been wearing to drive are now surplus to requirements, as I drove the car for 13 miles yesterday without them, and I know that they have been making my eyes strain for the last week or so!! Once again, thank you Mr. Keshe...bless you bless you bless you.

Kind regards, Mark Ackroyd  August 22, 2017

Dear Richard,

Have to tell you about the wondrous effects the eye drops made of the CO2 and the ZnO. I was diagnosed with age related macular degeneration about 3 years ago when it was very mild. When I went back to have my eyes checked about 8 months ago, it had changed to moderate degeneration and everything looked blurry. I was having problems with seeing details on photographs I use in my painting. Also, all printing in books, on TV and even signs while I was driving. I have been using the drops now since that advanced diagnosis in 2018 and I am so excited to tell you that my vision is almost crystal clear even without my glasses. I am seeing details on painting resources that I hadn't been able to see because they were just blurs. I can't even begin to tell you what it means to be able to see clearly again. I feel like I have my life back again! Thank you sooooo much for introducing me to Magravs Plasma Products.

Love you forever!! Ellen  January 6, 2019 (Ellen is 90 and has been involved in my spiritual work for many years)

Dear Richard,

Yesterday I had a hearing test, the first is more than a year.

My hearing has improved in the right ear, something the auditory specialist had never seen before!

I told her that over the last 6 years ALL of the examiners who examined me declared there is never any improvement, the hearing only gets progressively worse. And she concurred, so she was startled to see this improvement.

I explained to her I have been using certain protocols from Keshe Foundation, as you know, for less than six months of this year.
I have reason to believe not only can hearing be improved, but vision as well. I urged the auditory specialist to look at the 10-minute video of April 2018 describing the recovery of Naomi Lapadula. If Naomi’s body can recover from injuries described as "terminal" by following Keshe Protocols, other health conditions can also expect to improve. However, I do believe the patient should have this information for his belief system to assist him in performing his daily part in the progress.

I explained to the auditory tester that my progress would not reduce her "business" and asked her to work with me over the next year or two to monitor the measurable changes in my hearing. I now have hearing aids that are smaller and controlled through my cell phone. I was informed that Apple made this new breakthrough for auditory systems and it was introduced last year, which was after I got my first hearing aids.

Kindest regards, Teri  December 1, 2018

Hello Richard,

We (my husband and I) have been using the GANS and the plasma water for a couple of months and we have good results with the products - we have no special problems, but we have more energy, better concentration, less headaches...

With Kind Regards, Veronique.  December 16, 2018

Wow! Richard—

I just realized, after taking CO2 and Zn0 for about 3 months that my knee, that I fell on ice during a figure skating event, feels quite good! I used to have to "disengage" it before going down the stairs, but now I don't have to. I used to have lots of pain during my yoga sessions, but just recently I don't! In reading about your Plasma Knee Wrap with the same ingredients I realized that I must be healing my knee in a subtle way. Wow!! That's amazing news. Guess I'll keep drinking the "magic".

Thanks much, Richard for your dedication to this wonderful healing process.

Love and light, Nancy G.  May 15, 2018

Hi Richard,

Just to let you know that my dog Daisy is 95% better.

She has been having the waters on her coat and drinking it when thirsty, plus the parasite/toxin one (CuO plasma water) for a week. Progress has been steady but slow, but over time her coat became shiny and her eyes brighter. There was uncertainty if it was a stroke or an ear infection but all she is left with is a slight head tilt and any eye that does
not close completely but the inner lid does keep it moisturised so it doesn’t affect her wellbeing.

Thank you for all your advice; it’s appreciated.

Could you let me know the procedure for cataract drops please and the composition? My turn now!

Warm wishes, Rebecca. October 1, 2018

Hi Richard!

My complaints were mildly high blood pressure and pre-diabetic symptoms.

I took the CO2 and ZnO 60ml 10 minutes apart 3 times a day and rather shortly my pre-diabetic symptoms improved nicely.

Most noticeably, my feet stopped aching and I can now stand for long periods of time with no problem.

I stopped taking it at night because the energy of the substances made it more difficult to sleep.

These substances are subtle but powerful, but I sense they are slightly other worldly in that intention in this case seems to make a difference in the outcome.

I am unclear about the differences between prana, chi, and plasma, but they all appear to be on the same page, some version of life force.

I got the tall bottles you use but now when I pour out the 60ml, I re-shake the bottle again, thinking it may charge the water even more for the next pour.

I am enjoying the process immensely.

Thank you, Henry. October 22, 2018

Dear Richard,

I wanted to let you know the results I have found using the GANS Pack with Health Protocols, which I have had for 18 months, now. I now feel I have some verification that the plasma waters from the GANS Pack with Health Protocols have had a significant impact on my health.

Usually I think of myself as very healthy, so it has been hard to identify specific improvements. Initially I bought a Pain Pad and Pain Pen, and can readily feel the energy that these produce. When I have asked my friends to hold or use these products, they also reported experiences of the energies. I often wear the Pain Pad in the morning while
getting ready to go to work as I find it soothing. I do a lot of sitting at work and use a computer all day, which is never good for the body.

I started taking the Plasma waters from the GANS Pack with Health Protocols in late 2017 for a lower back issue - for which I am also treated by an osteopath. I used the waters of CO2 and ZnO, both 30mls, 2 times a day, for about 6 months. I also tried making and using pockets of plasma waters taped to my lower back, but found this was too complicated a process to maintain. I am about to get a Plasma Waist Wrap and hope this will be easier to use and so be more successful.

Also, during these first 6 months I consulted a practitioner who uses a Bicom machine to improve health concerns. One of the complaints she could treat me for was arthritis, and whilst this was not a major conscious concern of mine, my hips were getting quite stiff when walking and bending, and my fingers do look knobbly in some joints! One of the exciting things about this machine is that it produces energetic readings, which is a factual record to monitor changes in health status.

After the first 6 months, my arthritis reading showed a reduction. As the machine was also used to energetically treat me for this condition, I could not be sure of what was causing the changes. Then as it turned out, I stopped taking plasma waters for 3 months in early 2018; firstly, I was away on a holiday, and then I did not feel like resuming upon my return. After that, my next reading showed the arthritis count had increased markedly. While treated again by machine, I felt inspired to resume the same GANS protocol as before, and after 4 months of the protocol, my next reading showed the arthritis had again reduced substantially.

I am now confident to say that the changes in readings over time verify to me that it was the GANS waters that have significantly impacted on my condition - hip stiffness has vanished although knobbly joints remain! And so, I am encouraged to continue with the plasma waters from the GANS Pack with Health Protocols and feel that there is an overall health improvement.

I enjoy these products and am thankful for Mr Keshe's work to bring these to the world.

Thanks so much, Susan  January 26, 2019

Dr. Presser,

I want to thank you for the protocols on the use of the GANS Pack. One remarkable result that I've had is that my right ankle that was injured 40 years ago has me now walking without the use of a brace during the day.

I've had to wear a custom brace during the day because of the nerve and arthritis pain in the ankle bone joints. After some relief I switched to an over-the-counter brace. I am now wearing this brace only if I need to do a lot of walking.
I am so grateful for this relief. I am drinking the water from the glass pitcher (Magravs Energizer & Alkalizer) throughout the day as well as the sipping from the GANS water both in the morning and before going to bed.

Sincerely yours, Frances Watkins  May 26, 2018

Hi Richard,

I have been having great success with the plasma products. At first, I did not empty the GANS into the bottles, but just sat it beside the bottle. I was cautious because I am very sensitive.

The first thing I noticed was that my thyroid was way too high. I had been experiencing a lot of stress so, at first, I just thought it was stress, but then I realized that my heart was beating hard because my thyroid dose was just too strong. I came off all thyroid medication for a full week and my heart rate finally started to settle down. Mind you, I have been on thyroid for 25 years, at over 3 grains! I am now 65, and am experimenting with just taking a little bit of T3, but not sure if I even need that.

So now, I’ve emptied the GANS into the bottles, and am now only taking a TBS or two.

WOW! I was right on the edge of a major attack of bronchitis, so I decided to take some of the CuO to see if I could wipe it out before it gained a foothold. I started to cough up some thick mucus and overnight the pain in my chest was gone and my energy level has continued to rise.

When I first eliminated the thyroid, I was praying about what was happening to me. I went through the grocery store check-out that night, and my eyes fell on a story. The headline read: "Recent discovery says 80% of hypo-thyroidism shown to be due to a virus."

The day before I had re-read your instruction sheet sent with my products. You state the CO2 clears viruses out of the body. I realized in that moment that the Plasma IS conscious.

Just can’t say enough good things about the plasma, and now I am certain all of these products are phenomenal.

Kudos to you, Dee Green.  November 12, 2018

Dear Richard,

Thank you for all your hard work in 2017. Thank you for sharing all the information you get, which is very valuable.

I have been using the GANS Pack with Health Protocols water as well as the Magravs Energizer & Alkalizer water. I feel very well. The only problem I have is my shoulder. A lot
of wear and tear. I have been able to do all the ordinary things that I have not been able to do in 18 months. WONDERFUL, SUPERB.

My best wishes to you in the New Year.

Kind Regards, Arax. January 1, 2018

PS I have made patches from the GANS waters for my family and myself. Simply magic.

I would like to add, further, that my son has seen great improvement in his knee just by using the two patches I made for his knee. One covers the top of his knee and one behind. He is now able to run and is hoping to go back to his gym exercises soon.

Just to let you know my psoriasis has dissipated by my best estimation by 98% almost non-existent in 6 months of 60ml. of ZnO and 60ml. CO2 twice daily. Other things health issues are also improving. Thank-you for your support and a big thank-you to Mr. Keshe.

Love/light, Patrick. June 21, 2018

Hello Richard,
I have been using a 50/50% CO2 and ZnO mix in 2 ways in my garden this year, apart from just using it to enhance some of my flowers and vegetables. Firstly, some goes in the 3 bird baths daily and secondly, I made some bandages to go around my fruit trees that had some sort of leaf curl blight.
The infected leaves fell off and beautiful, new and healthy leaves have taken their place. Each tree also had a daily drink of plasma waters around the roots, too. The birds not only drink the water copiously but bathe en masse daily, and it must help clear them of mites, etc. A lot died in the very difficult and long winter but numbers have come back well.
I have no doubt, as I’m sure you don’t, that the Plasma has been responsible and I will continue to nurture my land in this way in the future.
Warm regards, Susan Fairley August 20, 2018

Hi Richard,
Thanks for the interesting video about Monsanto toxin (glyphosate).

About 6 months ago, I got a few “point of lay” hens at a market. A few days later, one hen developed really bad bronchitis and veterinary meds were not helping. She got so bad I expected her to pass. As a last resort, I took her off the roost at night and sat her on an old towel on my lap for half an hour while holding the vial of GANS from my jug wrapped in paper towel against her chest area. She was as quiet as a mouse within the first 10
minutes and has been in good health ever since. Just recently, another of the flock went
downhill fast with what seemed an internal egg production issue of sorts. She could not
walk far or fast and just laid down and wouldn’t eat. I gave her the same half hour
treatment and over the next day she returned to normal after evacuating a lot. Now she
runs everywhere. As I am 60km out of town, it’s great to know I have such a helpful
product on hand for me and the flock.

Cheers – Frank    August 20, 2018

Hi Richard,

I had a deep puncture wound that after nearly three weeks was not healing (cat bite to
the vein). I used Dettol and iodine cream etc. to bring out pus, which was continuous and
not healing. Then the GANS Pack with Health Protocols arrived (which is why I asked you
to answer urgently) and I bathed it in GANS water, put the usual plaster on with cream,
THEN I soaked two tissues in GANS water and put each in a sealed plastic bag and
bandaged them either side of my hand and within TWO days the wound healed!!! Enough
to leave the plaster off and within 2 more days it was totally healed over and in four days
it was gone with hardly a scar!!! I am a slow healer and this really helped when the
traditional stuff had not done much!!

Cheers, Sandi Cooke    August 8, 2018

Dear Richard,

I've been using the plasma water from the CO2 and ZnO GANS for about a month now,
twice a day, 30ml each. Occasionally I also use the water pipe (bubbler) for breathing
plasma air (CO2 and ZnO mix). For many years now, I have had a wart on a finger on my
left hand and it was gone in about a week (simply from drinking this water, not applying it
topically). Amazing! Otherwise my health is stable and I don't experience any problems. I
will continue with drinking these plasma waters and observe my general health.

Kind Regards, Štef    August 14, 2018

Aloha Richard...
Just a couple notes...
The planetary (plantar) wart on my foot: I believe I told you that I'd been using duct tape
plus MMS, then tea tree oil, with limited results.
Then I did a GANS pack with CuO GANS overnight. The pain I'd experienced immediately
went away. Did this a couple more nights. When I went to my podiatrist a couple days
ago, he said the wart had got much better since the last time (two months ago). Now I am
continuing the use of the CuO pack (small 3 x 6 inch plastic bag) but instead of taping to
my foot, I keep it on the floor and when doing computer work, place my foot sole on
the bag.
Left thumb: the ligament was quite painful. Eventually I found that by wrapping a 2.5 x 3 inch CO2/CH3 (2:1) GANS pack around it, held in place with rubber band, dramatically decreased the pain level, and the flexibility is coming back. I do this at nighttime when I’m in bed.
I tried playing around a bit with differing ratios of CO2/CH3 in two different packs, but that was just more "challenge" than I cared to take on. Same with the CuO for the planetary.
I'm also quite aware that an integral part of this, for me at least, is including my own Guidance as to what to use, and how to use it.
Aloha, Kp (Brad)   February 23, 2018

This one is a personal one (Richard) from my naturopath, who has been overseeing a weight loss program for me and now my friend, John:
I have to admit, that I am very impressed by the fact that both yourself and your friend John have consistently perfect pH readings of both urine and saliva whenever I test them.
It is particularly impressive considering the amount of liver 'bashing' both of you frequently exercise (I heatedly object to that assessment...)
I have been doing Urine and Saliva tests for over nine years and I have never seen anything like it.
Kind regards, Natalie (Naturopath) April 25, 2018

At the beginning of April, 2018, I returned home with a very nasty chest infection that I had picked up whilst travelling. I placed the plasma water of CuO (which eliminates bacterial and parasitic infections) with a little CO2 and ZnO plasma water in a bubbler designed to filter cigarette smoke and breathed through it for a few minutes several times/day, drawing the plasmatic field energies into my lungs. The infection was cleared after a few days.
Richard   May 1, 2018

Dear Richard,
My husband and I have been taking the GANS waters now for about two months, starting very slowly as we were both immediately aware of the detoxing effect. We are now taking 60ml each of CO2 and ZnO just two times a day and already we are starting to see some changes. My husband's blood pressure has decreased from borderline to comfortably in the acceptable zone and the athlete’s food fungus that he has had for about 20 years and just could not get rid of, has dramatically improved. The toenails on one foot are now
normal and on the other are rapidly recovering their colour and texture. We have also both noticed the stronger flow in passing water.

CA, England. June 15, 2018

Hi Richard,

The time has come to tell about my grandson Bryan's magical journey using the GANS plasma waters. Bryan is 25 years old and had been working as a line manager at a high-end Italian restaurant in Hillsboro county, Fl. He had progressed quickly from the time he began working there, but about 6 months ago he started having episodes of severe pain in his stomach when he ate anything at all. They had no health insurance for employees, so he waited until he couldn't stand it anymore. He found out at an urgent care that he had a bleeding ulcer with the pylori bacterium. They gave him an antibiotic but he continued having the pain after he had completed the medication. It was about that time that I got the GANS Pack with Health Protocols and we got Bryan started on the Cu0. After 3 days the pain was gone. He stayed on it for the recommended 30 days and has had no more pain in the 10 days since he stopped. He now eats normally again and is feeling fine. We are so grateful! The plasma waters are truly a miracle!

Sincerely Ellen Spivey. June 4, 2018

Hi Richard,

While I've got you I wanted to tell you, I am so excited. I have been using the plasma waters in the recommended combination for the eye drops for 3-4 months now. I had been told a few months back that my age-related macular degeneration had gone from slight to moderate in about the last 3 years. As you know, I paint a lot and it was getting hard to see details. Then a few days ago, I looked at a photo I was painting and I was able to see details of glasses she was wearing and eyebrows. It was so wonderful. I am so grateful. I just can't tell you how much. I am attaching my last soul portrait that I finished in May. I get usually 4 past life images and the whole story of each one and the theme that the person I am painting for is working on in this lifetime. I also get animals, angels, other things that are important for some reason. Don't know anyone else doing anything like it and almost all cry or are overwhelmed when they see it as it reaches into their spirit.

Ellen Spivey July 30, 2018

1. I have for 9 or 10 years had a thing on the side of my nose, no matter what it would not go away, rather it did grow a bit... now with a CO2 GANS "patch" 3 times a day it has reduced in size and looks like shrinking and skin more alive and healthy... I think it's
improved about 60% in 18 days.... I take a tissue and dip it in CO2 GANS, and place it over the "thing" till the tissue is dry...

2. Same with other imperfections of the skin including 2 brown age spots....

3. Eyes: 3 drops x 3 a day of the recommended 1 part ZnO and 2 parts CO2 GANS...
this is for cataract... and it seems to help...

All 1 and 2 above will take I reckon 1-2 months and will be totally gone....

3... may take 6 months...

but every day there is improvement and that is what counts.

SO!!! So far so good

ML Bente  May 24, 2018

Then this update:

Yes, day by day I now see progress... like progress is accelerating...

amazing I can see the bad is coming out ... the good is absorbed...

even the eye sight getting clearer by the day...

my once so beautiful brown eyes are getting back their beauty...

really the freshness in appearance is amazing...

I already am eating lie 80% alkaline foods... now drinking the

GANS waters and the patches... definitely works miracles....

at the same time listening to the Mr. Keshe’s lectures... what a treat.

ML Bente  May 28, 2018

Greetings, highest vibration blessings, Richard.

On January 6th or 7th I started drinking the plasma waters. On January 10th I was walking in the crosswalk with the right of way and a car took a right turn into me. I had drunk the ZnO and CO2 plasma waters 50 minutes previously. He hit my left knee on the left side. I somewhat bounced off his hood. I knew, within perhaps a nanosecond, that I had created this from holding onto residual negativity that I have become far too powerful to hold on to. He offered to drive me to the hospital and I accepted. I was in tremendous pain. A purple line appeared on my knee. I placed both my hands around my knee and felt the plasma within my body coalesce around the injury, as I knowingly used my meridian lines, feeding energy to my knee as we drove to the hospital. Within maybe 10-15 minutes, I was looking at my knee in the emergency room and the purple line was gone. A lot of inflammation, but the color was coming back... I have been drinking the plasma waters,
gaining perspective, attaining great soul growth, and releasing what does not serve me in the almost four weeks since. I have been expressing an increasingly more positive attitude, reminding myself that the law of compensation is fair, and that all disconcerting experiences grew my Consciousness and predisposed me to attract ever higher vibrating timelines/experiences. My recovery, while not complete, has been spectacularly rapid due to, largely, the previously mentioned factors. Sometimes I laugh and find myself astounded by how quickly I have healed. I have definitely been smiling more lately. I walked miles to a library where I am writing this on my laptop. I am wearing the Pain Pad as I am typing this, which also has been a factor, certainly, in my recovery. What was said within the calls during this recovery period has been perfectly what I required hearing for accelerated and supported multifaceted growth. Thank you, so very much.

Sincerely, Robert Cody Macomber  February 8, 2018

Hi Richard,

I just wanted to check in and let you know that since I have been “swishing” the GANS water for one minute before swallowing, my blood pressure seems to have gone down and at this time, is stable.

Even if I drink coffee, which usually will raise the BP substantially, it still remains in the normal range :-)

Happy New Year to You!

Oxo  Hope   January 12, 2018

Hi again Richard,

I also forgot to mention that my body temp, which used to average 97.- 98. is now consistently around 99.- 99.6 and my hands and feet are warmer than they have been in many years.

This must mean that my thyroid is functioning at a higher level than previously. :-D

YAY!

Kind Regards, Hope   January 12, 2018

Hello Richard,

It's been 2 days shy of a month. 2 weeks at 30ml. of the CO2 & ZnO 2 to 3 times a day. I've raised that the past two weeks to 60ml 2 to 3 times per day as I have some rather serious health conditions to contend with. So far, I can’t really tell until my next Blood screening which was done just prior to me beginning the GANS.
Although a rather remarkable effect has taken place that is quite obvious. I no longer wake up about 10 times per night. It's down to maybe 3 or 4, and I do not have to make 3 or 4 trips to the washroom any longer which is miraculous as far as I am concerned. Once sometimes twice, I am 62. I am also now capable of sleeping much longer. The past 30 years I was incapable of sleeping much more than 4 to 5 hours per night and with all those wake ups and bathroom trips, well obviously I was not getting the rest I needed, but no longer.

Thank you so much Mr. Keshe and to you also Richard.

In a couple of months’ time I will get another full blood screen done to determine the condition of the Hepatitis C and sclerosis of the liver.

I should mention that there is this strange calmness I am experiencing, strange only because I've never quite felt like this before. You have my permission Richard to publish this on your site. People need to know how incredible this GANS is.

Love/light, Patrick Johnston  January 4, 2018

My mother has been using the GANS now for over 2 months, along with chemotherapy. She had a CAT scan earlier this week that showed her tumors have been reduced, we are certain the GANS has made a huge impact but of course it is difficult to differentiate from the chemo effects.

All I can say at this point is that I have no doubt of the GANS' positive impact and my mother definitely feels better because of it.

Will report more when available!

Taras  March 29, 2018

Dear Richard,

I had a stinging pain in my right eye and I made a pad of 50/50 CO2 and ZnO plasma water. After I kept the pad for an hour on the eye the pain started to diminish. After 1½ hour the pain was nearly gone. Then I decided to use the pad the next day again but I did not need to do so because the pain was totally gone.

I had fungus on a big toe's nail for years, but nothing helped. So, I used the CuO water with great success. To repopulate the gut flora, I am also using a probiotic supplement.

Kind Regards, Eniet  January 25, 2018

Dear Richard,
I received two cat teeth puncture wounds in my hand, and a deep back claw in my arm above the hand. It quickly began to swell. I was bitten around 10am Tuesday, and by midnight on Wednesday the hand and lower arm were swollen, with the very hot red infection moving up my arm.

Then I remembered the copper oxide GANS I’d purchased from you the summer of 2016. I've been using the zinc and CO2 GANS daily for over a year and had put aside the CuO GANS because it was not a daily-use item.

I took far more than your recommended 2 oz three-X-day because the situation was critical. Here are photos of the bite Tuesday morning, the bite on Wednesday morning, the healing already evident on Thursday morning (after I'd taken CuO three times in the night), and a photo taken this morning. This is a three-day time span.

Cate bite one hour old

Cat bite one day old
Cat bite improvement after 2 days

Being chemically sensitive I cannot take antibiotics, though Facebook friends universally said go to the hospital. I trust the body to heal itself if I can provide what it needs.

Kind regards, Margaret E. Peiman Kitchener, Ontario, Canada  April 14, 2018

Hi Richard,

About a year ago my body’s pH got out of whack, becoming acidic. My GP instructed me to take an alkalising mineral formula in water to bring my pH up to the normal range. Doing so did return the pH to a normal 6.7 - 7.0 range, but once I stopped doing a daily dose I would go acidic again (at least when I was traveling and couldn’t use the plasmatic alkaliser). During these times I only drank of the plasmatic water very occasionally. In the past two months I have begun to drink the waters much more regularly, and my internal pH no longer strays lower although I haven’t taken the alkalising minerals at all. The regular use of the plasma water from the GANS of CO2 and ZnO has definitely stabilised my internal workings!

Wulf  February 1, 2018

Thank you, Richard

I actually bought this for a horse I have that has a bowed tendon. Every day I wrap it around his leg and secure it with another wrap around it. It is helping and he is walking better.

Thank you for this, Jenna  January 19, 2018

Richard,

I am pleased to report to you the following results of my having taken the GANS (plasma activated water) for a little over 2 weeks. I am a 54-year-old male and was diagnosed with
a Hiatal Hernia at the age of 26. This was an inherited condition. I have a few other family members that have some form of gastrointestinal issue. I have taken Prilosec for 27 years on a daily basis. It is the only product that would alleviate the burning of GERD, or Acid Reflux.

At the age of 27 I was diagnosed with Genital Herpes, something I am embarrassed of, but I have heard many, many people in the US suffer from. As a result of this virus, which I have been told by the American medical establishment is "incurable" I have had to take a dose of Valtrex daily since I was diagnosed.

After 2 weeks of taking the (plasma activated water from the) GANS of CO2 and Zinc Oxide as described in the prescribed protocols, I no longer take Valtrex and ALL symptoms of this terrible virus have disappeared. This has been a Godsend to me and I HIGHLY suggest you make EVERYONE aware of my case.

Also, my symptoms of Acid Reflux due to the Hernia have gotten better. I no longer have to take a Prilosec every day. I take one about every 2-3 days now.

Also, being a middle-aged male, I was taking over the counter pills for an enlarged Prostate, another problem for men as they get older. I have been taking over the counter supplements for this condition for about 2 years. Since taking the (plasma activated water from the) GANS I no longer have to get up every night to go to the bathroom as I used to do.

I know this may all seem incredible, but I am telling the truth. I am deeply grateful to Mr. Keshe for his work, and to you for seeing that these products get distributed to the people.

Kindest Regards, Mark Harrison  August 23, 2017

Good morning, Richard!

I personally don’t have any visible results with Magravs Energizer & Alkalizer, but my girlfriend, just by taking two glasses of that activated water once every few days, managed to get rid of pelvic pains that were very pressing especially during menstrual period, and for that we are so happy:)).

Instead about me, I could add that I have magical :)) results with the GANS Health Pack, especially with the GANSes of CO2 and ZnO, and here I refer exclusively to my eyes because I was born suffering from a certain type of chronic CONJUNCTIVITA, which affected in the meantime my actual sight. Right now, the secretion around the eyes diminished visibly, but I hope in the near future even the SIGHT will be improved and the BALANCE will be a condition day by day for my own body, for my own REACTOR. Thank you again Richard for your concern and in the future if you have any advice about how to use more better GANS Health Pack who relate to my personal problem, you are always welcome... Plasma be with you, Sir!
Marian Lixandru  January 24, 2018

Hi Richard,

Hope you had a great Christmas. I’m writing you to let you know that the oedema in my right foot has almost completely disappeared!!

I’m a little late in communicating because I wanted make sure the noted improvement was not a short-term fluke. I started an oral CO2/ZNO regime two to three times per day on September 1st. It took about 2 1/2 months before there was a noticeable lessening of swelling that lasted throughout the day. Normally my foot would be less swollen in the morning and very swollen by evening when I would take my shoe off. It still is not 100% but is about 95%. What a huge improvement!!!

Will keep you posted, Jim Dwyer  December 26, 2017

Hi Richard,

Hope all is well with you. My right foot oedema, which I previously reported as about 95% healed has now completely disappeared using the CO2 & ZN0 plasma water. IMPRESSIVE!!

Thanks, Jim Dwyer  January 26, 2018

Hello Richard,

I don’t know if this will be of any particular interest, but it was cool when it happened.

A week or two ago I drank a glass of GANS water before I went to bed & as I attempted to doze off, I noticed cells all over my body popping with energy, like tiny fireworks. It was a terrific micro light show! (But inconvenient, as I wanted to get to sleep!)

This was quite informative. I'd felt energy from the water before, but it illustrated with crystal clarity how each cell was being energized.

One other thing - I might have mentioned this before, can't recall - GANS water doesn't impose a "foreign" energy, something that I've previously encountered & I'd had to stop taking. GANS enhances one's own energy in a positive way. I call it prana.

Cheerio, Vibhooshana  January 17, 2018

Greetings Richard,

I have a rather stubborn neck injury, I could not spray my neck with the recommended plasma waters CH3 and CuO because I wear hearing aids.

So, I sprayed my fingers, and patted them on my neck several times a day. After just a few days, I felt something came off my neck, and looking at it I realised it was the longest of
the 3 warts I have on it, just dropped off. I had these for at least 30 years. Then I discovered they were all gone!

Now I use CO2 and Zinc Oxide plasmas, with the same method, and though the pain is not completely gone, it is a bit better every day.

Thanks Mr. Keshe!

Yours Mary C. September 9, 2017

Dear Richard,

It has been more than 3 weeks on the program and here is what I have observed so far...

I must preface my comments by saying that I have been blessed with good general health all my life... and now I just turned 75 this fall I can comment in this manner, as I continue to enjoy it with the plasma water and lead a rather active life...

I am following the eye protocol daily and a very recent exam revealed that my eyes are very stable. (I set my intention to get rid of my reading glasses... at this tender age ???)... They watch very carefully in case of the onset of cataracts... No deal at this end... Will continue the protocol no matter what...

-good news: a small birthmark is fading away gradually, with the application of the water...

-also it seems that the plasma water regulates the intestinal transit... for some reason... It might be good to inform people in need.

These are my observations thus far. Will keep you posted of new developments.

It is always great to read the reports from people at large... very enlightening!!!!

Kind Regards!

Till next time POLARAH  1 December 5, 2017

Yes, I had “the runs” for two days if you know what I mean. It started on the second week of drinking. I am a truck driver so that was not a good thing for me but now it’s OK. Eating less than before, have more energy. I sometimes go all day without eating and that's cool. I work unloading my trailer all day and still have energy. I am a mover of household goods so it's heavy work; so, it's working for me.

Thanks Jesus A Garza  September 13, 2017

Richard,
Here is a confirmation of drinking GANS and its effect on reducing blood pressure.

This is only the 5th day since starting drinking the CO2 and ZNO GANS at a frequency of 2-3x/day.

For the past several years, I woke up in the early hours of the morning with my blood pressure elevated to 140-155/82-92. While these ranges are barely borderline hypertension, I was quite surprised yesterday morning on my 4th day to find that my blood pressure had dropped to 126/70 and I felt a greater degree of relaxation throughout the day. This morning, the readings were 130/67, which for me is significant that the change was not a one-time event.

I did not expect such a fast-resulting effect. Yes, I am having some minor detox reactions, at times requiring additional rest and some stool softening. Just a little bit of these waters is quite potent.

Nathan Greengus, Madison, Wi. September 21, 2017

My right eye in June 2017 was 20/40

I started using the GANS drops for Eyes protocol on August 21, 2017.

Today September 28, 2017 I went to my eye doctor to have my vision checked and the right eye was now 20/30!

I have cancelled my cataract surgery for that eye which was to take place in October and will continue the drops and see if there is even more improvement in late October. :-D

Thank you!

Kind Regards, Hope  September 29, 2017

Yes, Richard I have started slowly and am now taking 5 oz. a day of ZnO and CO2. Am much more alert and moving much faster. My mind is slowly starting to clear up. Will stay in touch. Thank you.

Stanley October 4, 2017

Thank you. I did receive both the protocols and instructions. I have been using them for my eyes and blood pressure. Feeling great and my eyes are feeling more soothed. I am writing down the different experiences I have noticed since starting. Less discomfort for sure all over my body. Like my body is saying "Ahhh, this is what I have been missing to feel nourished and able to heal with ease" I made drops with your suggestion from the booklet. Thank you and I will keep you informed of my progress.

Especially with my eyes!

Love & Light, Michelle  October 1, 2017
Richard, I am taking less medication down from 10mg to 5mg, and have less pain after my operation last week to remove small growths in my bladder. I put this improvement down to drinking GANS water morning and evening, also my sight is better and the cataract in my left eye is definitely improving.

Best regards, Barry  November 21, 2017

Dear Richard,

I have now been using the GANS Pack since the beginning of August. I started with your recommendations and am now consuming about 12 oz. a day each of the CO2 and zinc oxide plasmatic waters. I also used an eye dropper and my fingers to spread CO2 on my head and face. Some surface skin problems quickly disappeared.

I have been using the waters of copper oxide on several long-term lesions on my back which are bacterial and fungal in nature. These have resisted numerous different protocols and cleansings that I have used over the last several years. You have mentioned the connection between emotions and disease and that some maladies seem resistant to even the GANS.

I have been doing emotional clearings for a number of years with a very gifted energy worker who specializes in this practice. These clearings have in some cases reversed cancer and other serious long-term problems. He can also heal/correct various infections and misalignments in the body remotely and I have experienced innumerable instances of his amazing abilities.

However, these lesions are deeply entrenched and resistant to even all the emotional clearing I have done, though the clearing is undoubtedly gradually lessening the negative energies behind the lesions. I have been using the copper oxide waters directly on these problem spots and have for the last month been soaking a small folded square of tissue paper and taping them over the lesions. I have even more recently been re-dampening the tissue squares over the course of a day as my schedule permits, in that the skin needs to be bare of clothes to keep constantly re-dampening.

After three months, and this last month of this more rigorous protocol, the largest and most pernicious of these skin lesions has finally begun reducing its size. This is great news for me! The longer I keep it damp with copper oxide during the day, the more progress is made. At first, I was rather discouraged for the lack of any visible progress, but I am now hopeful, that with diligence over the next couple of months or so, success will be in hand. So in my case, even the most intractable conditions will be able to be treated with positive results.

Thank you for all your help and commitment!  Terry Glenny  October 26, 2017
I used the GANS of CO2 and mixed it in with spring water. Each evening before retiring and before my operation, I drank about a glassful of this energised water through a straw, topped it up with fresh spring water, shook it up and let it settle for 24 hours before drinking the next glassful. I noticed that over a period of time that chronic ailments such as partial deafness, indigestion and even prostrate issues gradually cleared up. I also take supplements such as vitamins, minerals, olive leaf extract, black seed oil and curcumin (extract from turmeric).

Regards, Kenneth J. Barrett  November 7, 2017

Yes, Richard, we are having some positive outcomes. I ordered the GANS Pack to help with my partner's diabetes, but he was reluctant to take the water internally for feat that it would interfere with medication he was taking. He was also having pain in his knee. He had a knee replacement on the opposite knee and feared that the left knee needed one too. I convinced him to try the GANS waters externally, patches of CO2 and ZnO on opposite sides of his knee, held in place by an ace bandage. After about 2 weeks the swelling went down and the pain disappeared. We plan on continuing for 6 weeks. I am also taking the waters internally for general health and feel great!

Sincerely, Susan  November 25, 2017

Good to hear from you Richard. Yes, I am very pleased with the change in my energy levels with the GANS Pack. The big plus about the GANS is my back pains have minimised, leaving me capable of more walking exercise, etc. Also, my skin has improved very much – any barnacles old and new have gone and I also seem to have much less hair fallout.

All told, much improvement – many thanks to you and I hope for further products.

Regards Wendy  February 2, 2018

Richard,

It's been about a month since I started taking the GANS water. I haven't noticed much change in me but our 15-year-old dog has been energized by the CO2 water that I put in her dish.

Doug Bell  November 25, 2017

Hello Richard,

Long-time no communicate. I've had a terrible hyperthyroid condition for nearly 2 years now. But GANS came to the rescue just yesterday. All this time, I did not think the GANS would help, because I took the GANS a long time back and noticed nothing. But my heart
beat is softer and more in rhythm too. I’m so grateful. Now I need to keep taking it to hopefully heal it.

Any instruction from you that would help me to heal my hyperthyroid is welcome.

Health, Wealth and Happiness To You, Stephen Heuer  November 20, 2017

The 2 plasma waters cured my hives again last night. I was itching so bad I couldn’t sleep. It goes away within 10 minutes of drinking the water.

Teresa  November 20, 2017

I have also received testimonials from two of my customers who have used the plasma waters from the GANS of CO2 to help with cancer conditions.

Michael had a skin cancer on his face and he wanted an alternative to having it burnt off as he’d done in the past. This skin cancer, below his left eye, had been in place for several months before he began to spray it with the plasma water from the GANS of CO2. The cancer disappeared from view in seven days.

Alvin had an elevated PSA reading associated with prostate cancer and was on medication. Here is his testimonial:

Dear Richard

Peace and love be to you.

I have been taking the GANS product for the body for some time now, say 5 months, and for my eyes. I have prostate cancer, and in August 2016 my PSA reading was 5.2 and my doctor was giving me hormone shots plus a tablet per day to take. I just visited my doctor and the PSA reading is down to 0.2 in just a few months. This is miraculous.

I take the GANS product once per day. The GANS product I have placed in a 1 litre plastic jar, which I shake and leave to settle for 24 hours. Then I drink some of the water from the top using a drinking straw. When the level falls enough, I add some more water, shake it and repeat. It is very simple. I find this is very easy to do and I need no filter paper.

I also have the Pain Pad and Pain Pen. I had back pain and used the Pain Pad when I meditated. The pain was gone the next day and has not come back.

This is very good news.

In love and light,

Alvin
I take my CO2 and ZnO to my work with me as I do fifo. I am certain my energy levels and my memory are much improved in the two months that I have been on them. I will continue and keep you informed of any new developments.

Kind regards Christine  November 29, 2017

Dr. Richard Presser
richard@magravsplasmaproducts.com
Magravs Plasma Products
+1 443 769 1752
+44 1212 840 929
+61 3 9021 6920
+31 30 808 0453
+41 43 550 0221
Store for US & Canada
Store for Australia & New Zealand
Store for Dach Countries (Deutschland, Österreich, Schweiz)
Store for Europe and countries not listed elsewhere