

Keshe Foundation Pain Pad Testimonials



Hi Richard,

I am a thin woman, and the Pain Pad was a bit big for me, but I had shoulder issues from past falls on hikes and previous dislocation years ago. I put the Pain Pad under my shoulders, one at a time, when going to bed. I only used it about three times before I saw improvement and reduced and no pain. I would go to sleep on it and wake up in a few hours, maybe three, and remove the Pad. Pain basically gone, but if there is a recurrence, I use my Plasma Eye and Migraine Mask like I used the Pain Pad, under a shoulder at bedtime.

Blessings!

N. M., Arizona February 26, 2019

Richard, my neighbour manages a cattle ranch nearby. Last week a horse reared up and struck my neighbour's upper thigh with its hoof and dragged it all the way down to his ankle. My neighbour was in too much pain to sleep. I loaned him my recently purchased Pain Pad. He applied it to the affected areas off and on for several hours. A few days later he returned the Pad and said it was a miracle, he had full use of his leg and pain was gone.

Mike - Fort Klamath, Or. August 20, 2016

Thank you for a most wonderful product, I use it for my lower back but have noticed that my overall wellbeing and my vision have also greatly improved.

Amazing product...

Thank you again for giving my life a greater quality of experiencing it...

With love and grace

Walt November 29, 2016

Dear Richard,

I overdid working in the yard today. My back was so sore I could hardly stand. I put the Pain Pad on it for about 25 minutes and I feel as if I've been resting all day!

Wow! I was really impressed. I usually don't have back pain, but this was a real test and it performed beautifully.

Thanks to Mr. Keshe and Richard!

Blessings to all,

Nancy G. February 17, 2018

Hello Richard

A client/friend of mine was suffering in pain from a bladder infection and I gave her my Pain Pad to use and she stated the pain vanished completely in minutes; about 4 is what she said. What more can one say? The proof is in the pudding. To add, her partner got immediate relief from his chronic back pain. They will be purchasing one very shortly.

Very exciting indeed.

Love/light

Patrick Johnston February 27, 2018

TWO OTHER KESHE PAIN PAD 'MIRACLES'

Hello Richard,

'Miracle' #1

3 days after I received the Keshe Pain Pad and Pen, a 20-year old house mate (let's call him AKB), well built, 6'2", came home from his night shift as a Security Guard in one of the more active night clubs here in Brisbane. Around 3am, as his shift was finishing, he got attacked by a drunken club goer armed with a crowd barrier post – swinging it full force at AKB.

As it happens, AKB was dealing with the attacker's drunken friend; both club goers, obviously just looking for a fight. The attacker swung this reasonably heavy barrier post with the intent to hurt AKB, clearly to stop AKB's determined effort to make the attacker's obnoxious, drunken friend leave the venue.

Unfortunately, AKB saw the approaching weapon coming at the last moment and deflected the hit somewhat, but the barrier post glanced off his arm, but stopping in AKB's armpit, nearly knocking the arm out of the socket.

It obviously hurt and AKB had trouble handling the steering wheel of his car, even lightly so, as he drove home after work.

I saw AKB around 8am just before he was getting ready to go to college for the morning.

AKB had a pressure bandage on and had trouble moving the arm at all.

He certainly could not lift the arm very far and he was in pain, even with some painkiller tablets that he had taken before to subdue the pain.

I told him to stop for at least a few minutes so I could put the Pain Pad over his shoulder.

AKB did not want to stop at all as he was late for school.

Fortunately, I managed to make him stop for 2 minutes, in which I put the Pad over the injured shoulder and I moved the Pain Pen around the top of his arm in a circular motion, just below the Pain Pad. After a couple of minutes, AKB wanted to go and I reluctantly stopped swirling the Pen and took the Pain Pad off his shoulder.

That's when he just quickly tried to lift his arm to check how it felt after that short attention with Pad and Pen. To BOTH our utter amazement, AKB said he felt no pain

and he lifted his injured arm to the same height as his healthy arm. WOW - what can one say in a moment like that? That was pretty spectacular.

The next time I saw him was in the evening after school.

He told me that the pain came back a little while after he left home (no wonder, his injury was only treated for a couple of minutes and the attack happened only a few hours earlier, so it was still raw). During the day, at school, AKB controlled the pain with more painkiller tablets.

As soon as it was possible that evening, AKB submitted himself to another 20 minutes of my Pain Pad/Pen 'treatment' before he went to bed, obviously very tired now. I used the same approach as before (the Pad on the shoulder while I circularly moved the Pen around the top of his arm). After I finished that, I suggested he take the Pad to bed and put his shoulder on it for a while.

He told me that he fell asleep on the Pad and slept on it all night until about 4am when he said that he woke up and felt that he had to move the Pad away from his shoulder. Obviously, the body's innate knowing woke him up to tell him that the arm had now bathed in the plasma field long enough.

When I saw him later during the next day, he had no pain, had full movement of the arm and the pain never came back after the night. If that is not amazing, I don't know what is.

He then returned the Pad to me.

Although I cringed, he even started to go back to the Gym after only 3 days to do some training and even to lift some weights, not too heavy, but nevertheless daring and I thought perhaps a bit reckless to put the arm under strain again so soon. However, he has never looked back, even with the exercise at the Gym, and his arm apparently feels as good as new. He did not use the Pad on his shoulder again.

It is hard to believe what happened, but I saw it with my own eyes.

'Miracle' #2

AKB then ordered a Pain Pad for himself, planning not only to use it for his own injured back (which I did not know about), but also plans to present it as a gift to his mother who suffers from chronic back pain, also. AKB had a back operation when he was 14 and has had pain of varying strength, in waves, ever since.

After he told me that story, I once again suggested to use my Pad until his arrived from Richard. So, I returned my Pad to AKB, from which time on he used it whenever he could.

That was only a short while ago and it has already yielded an amazing result, too.

Today he told me that he experienced no pain; this for the first time since he had his operation when he was 14 - for a youngster like AKB, a lifetime ago.

He also told me that his posture whilst standing on his feet during security work is already getting better as well, because of the reduced or even 'no pain' situation that he experienced from this short exposure to the plasma field.

Another amazing Pain Pad result, and that after just 3 days!

Certainly something to celebrate, that is for sure!

AKB even described to me that when he started to wear the Pain Pad belt for his chronic back pain, it felt like that one of his vertebrae and perhaps even part of the spinal cord or something else was moving and getting into a place where they most probably 'should be'.

Today (the 26th of Oct 2017), AKB returned the Pain Pad yet again, because he thought that he has now even healed his chronic back pain, having tested his back last night during his security work, standing for hours on end.

How does one describe such amazing things that are nearly impossible to describe from a 'normal' point of view of how healing should work in the conventional medical fields? All I can say, on behalf of myself and AKB is: thank you Mr. Keshe for this amazing, new generation, invisible plasma healing technology, destined to heal and do much, much more for the world in times to come.

My sincere gratitude for all involved in getting this technology out to the world.

RU October 26, 2017

Hi Richard,

When I first got the original Pain Pad, it was hard to get info from Keshe (as it still is!!!) It said to use it for an hour or two, two or three times a day. Well, at the time I was paralysed from the hips to the armpits and I wanted to know what happened if I wore it for longer as I needed results fast and it was hard to move, to take on/off etc. No one replied (as they never do!) and so I kept it on most of the time. It did help my paralysis but only in the capacity of support. The only SIDE EFFECT was.... My grey hair went back to being blonde (I'm 60) so, that was great. That was three years ago and it's still blonde!! I now wear the Pain Pad in bed every night and it is doing something as this last month or two I have done a LOT of heavy work, bending and lifting 9-inch hollow concrete blocks, which are HEAVY. Without the Pain Pad on every night, I don't think I would have been able to do this as by now, normally the disc would have prolapsed, again. It's been ongoing since age 11. Whenever I do anything, even sneeze, out it pops and I can't do much before I am laid up for two weeks until it subsides, along with morphine for the pain, which no longer helps anyway. Now my husband had something wrong with his hip - maybe arthritis, we don't know as he won't go to the doctor!!! He has started to wear his Pain Pad and he says that a lot of the pain has gone to just a dull ache. He still can't walk very much (hence my doing all the heavy blocks!!) BUT AT LEAST SOME PAIN HAS GONE.

Cheers, Sandi Cooke. August 8, 2018

Dear Richard,

Originally, the neuropathy of my feet was not too pronounced, but in only two days of using the Pain Pad and Pain Pen, I was surprised to find that my bare feet were feeling the cooler kitchen and bathroom floors of which I was unaware although it was causing me some trouble walking.

Luis, a maintenance man in my building fell from a ladder while replacing light bulbs and broke his shoulder. I told his partner, Gilberto, about Naomi, in fact I sent him the Keshe video you put together after he viewed it in my home. I showed him the Pad and Pen and told him of my first experience with neuropathy and thought the Pain Pad and Pain Pen should be available to his partner, Luis. Last Wednesday, to my surprise, Luis was back at the building. I asked if he had pain, he was back sooner than expected. I offered him my Pain Pen, and he smiled telling me he already had one! Gilberto sent Luis the email on Naomi. After viewing the Naomi video, he got the products for himself!

Kindest regards, Teri June 3, 2018

As you know, I had the previous version of the Pain Pad and recently purchased another. This allowed me to share the Keshe experience with others. I just recently allowed a certain sceptical person who was undergoing severe pain in the deep mid-back/shoulder area. He was in quite a bit of pain and all he had done to treat it was of no relief. While he was visiting me, I had him wear the Pain Pad across the shoulder and upper back area. In about an hour, he was surprised and in much awe that the pain had subsided! Because of this wonderful experience with the Pain Pad, he has decided to purchase one for himself.

Thank you, Mr. Keshe for such amazing and wonderful devices.

Claudia June 10, 2018

Dear Richard,

I have been using the Pain Pad for my persistent back pain for about a month now and can honestly say that wearing it at least once a day has removed all the tension that seems to be building throughout the day. I am generally a healthy 42-year-old male, so removing the usually accumulated back pain has improved my quality of life significantly.

Thank you for providing this product!

Best regards, Richard November 3, 2017

Dear Richard

It's great to hear of so many people experiencing relief of their pain through these products. I'm using the Pain Pad daily on my lower back for a problem with my R L5 vertebrae which, due to a congenitally enlarged bone combined with deterioration of connective tissues has become most painful. I find there is practically no pain while I wear the pad but it returns soon after removing it. I wear it for several hours sometimes. Regards, Ros Paxman. July 4, 2018

Hi Richard

I purchased the Keshe Foundation Pain Pad approx. 4 weeks ago in early March of 2017 and have waited until now to inform you of the successes I have had with its use, as I wanted to make sure I was getting consistent results.

I spend most of my day in the seated position as I am currently driving heavy vehicles. Needless to say, this plays havoc with my muscular system. I do not take allopathic medicine of any sort and that includes pain medications, instead opting for the natural way to bring and maintain homeostasis within my body.

Since receiving the Pain Pad I have put it to good use. I have found that if I rotate the position of the Pad, for example, from lower back to mid back to shoulder areas and legs or anywhere else whilst I am in the seated position driving, ALL muscular tension is relieved.

When I first started using the Pain Pad, I noticed that up to 10 minutes on a tight muscle would bring complete relief (no stiffness or soreness). Now, I just place the Pad wherever and whenever I feel tension; not sure about the exact times needed for the relief to occur anymore as I usually forget it's there, only remembering when I realize I am no longer in pain. I can, however, say that this has taken only minutes in some instances.

**I have also used the Pain Pad on my knee that was badly damaged in an accident (torn cartilage, and baker's cyst) and have had the same successful results of no pain. I am sleeping better at night due to the fact that my muscular skeletal system is relaxed and balanced. Previously I would toss and turn due to the discomfort I was feeling, now I fall asleep and am able to get a real uninterrupted deep sleep. I have used the Pad for indigestion/reflux, gall bladder and stomach pain, premenstrual pains, fluid retention on body areas, sore feet and just about everything else that has ever given me a pain, only to find that to date it has consistently given me complete relief for whatever complaint I have applied it to. I will say that I do use the Pain Pad with the conscious intent of total balance and healing, as well as gratitude. I will be turning 50 in a couple of months. YAY! Although I consider myself relatively healthy, I do suffer from several complaints that, to date, I have not been able to shift. I will be addressing these in more detail at a later date with the arrival of the Pain Pen, which I have also ordered, and the GANS water. Excitedly awaiting their arrival and will definitely keep the Foundation informed of my progress. I am more than pleased with the results I have had with this product and highly recommend it to anyone who would like to give it a go. If my experience is anything to go by, you will not be disappointed. With deep respect and thanks to all who have bought this information and technology forward for all of humanity
H Schafer, Sunny Queensland, Australia April 9, 2017**

Well, all I can say is that I have been using both on my horse trip in Mexico six hours daily in the saddle and each morning I feel just fine.

Cheerio, Patricia. February 15, 2018

**I can confirm that the Pain Pad is undoubtedly working with my daughter period pain problems, she is now accustomed to wear it like a belt few days before the beginning of the period and sometimes she sleeps wearing it until the pad tells her that is enough. Anyway no more pain for my daughter.
See you, bye, Michele Ferrara. November 13, 2017**

**Hi Richard,
I am having a power struggle with my dog Henry for the Pain Pad! I get up he jumps in. He loves it.**



For myself, after 3 years of chronic lower back and hip pain I can honestly say that it has now gone. Thank you.

Sarah Chambers September 1, 2016

Hi Richard! Thank you so much for advocating, supporting, and making these health benefiting products available. Have been using the Pad for about a month now and the Pen for just a couple of weeks and am thrilled with the results. Just from using the Pad alone all of my lower back arthritic pain that made working so difficult has just disappeared. Was considering having to retire from work the pain was getting so bad, though financially not an option. Now I feel I can keep going for another ten years if need be. The Pen I just have been using to augment and fine tune the Pad's effects. They are both wonderful products and allow my body to feel amazingly energized and pain free. If just for those reasons they are priceless. Thanks again.

Dave Rickards March 3, 2017

Dear Richard,

I had my 86th birthday on July 11th and have many areas of discomfort; back pain, hip, knee, sacroiliac and sciatic areas so that my mobility is severely compromised. So when my Pain Pad arrived I couldn't wait to try it out. It seemed rather large and a little ungainly, but noting the instructions (what did it mean 'not over organs or contact with metals' ... (See [my guidance on how to use the Pain Pad](#)) I took off my watch, applied the Pad and sank gingerly onto my comfy lounge and turned on the TV. I began to feel a slight buzzing sensation ... Rather pleasant...

I woke up 2½ hours or more later – the TV was rabbiting on. Heavens! Better take off the Pad. I stood up to do so and Voila! I felt curiously lighter, as though I'd gone down a dress size (strange)and my various pains, except for a slight twinge in my right knee. Eureka! .. Then... "But will it last?" I thought.

Sadly, no – waking up next day back and leg pain, etc. had returned. But the night before it HAD if temporarily lifted the pain. So, for the next couple of weeks I applied the Pad for one hour twice a day according to the instructions. And, yes – there was some improvement. I had been keeping it on my lower back area and this had reduced to much milder symptoms. Then I moved the Pad to the cover the hip and sciatica area

(somewhat awkward) AND remembering my initial experience, kept it on for much longer.

I can definitely say there has been much improvement ... I can't do housework without a degree of sudden onset, but it is much milder and I am beginning to walk more evenly, sciatica and spine being my main problems. Unable to exercise, I have gained weight, which has further restricted movement but I now find I am much more mobile.

I believe I can slowly improve these conditions with regular use of my Pad... and most importantly am beginning to arrest the "slippery slope" and keep positive. It would be good to have a small area Pad for the shoulder or knee for inaccessible areas (the Pain Pen would address these). But I'm sure these products will evolve beyond the initial trials as awareness of their remarkable properties grows.

Blessings to Mr Keshe for his courage and persistence and I will keep you informed, Richard, of my progress.

In gratitude, Paula July 27, 2016

Hi Richard,

Finally got a chance to send my initial experiences with the above products.

I drive very large coaches and consequently I have had a very debilitating lower back challenge; sometimes the pain can paralyse me.

Since I received my Pain Pad, I wear it every day after my driving for a couple of hours. My pain evaporates and remains so all the next day. I have put up with this pain now for 40 years.

The Pain Pens (I have 2), have totally eradicated all arthritic pain and lumps on my hands. My shoulder joint from an accident long ago no longer gives me any discomfort. I totally eradicated 2 very sore tooth pain, my digestion has improved to the point of no bloating, no heart burn.

I use the Pens on my reflexology points and am experiencing phenomenal results. No, not phenomenal; totally miraculous.

I await the arrival of my water treatment jug (Alkalizer) and the eye treatment with growing anticipation.

I am forever grateful to the Keshe Foundation and you for having the courage to bring forth this technology.

Kindest regards,

PK January 6, 2017

Hi Richard,

I want to comment on the Pain Pad and the Pain Pen as well. I use the Pain Pad mostly as I have low back and hip pain. It is just fabulous. I wear it for an hour or two and then I am good to go for a couple of days. I also use it on my knee and I would highly recommend it to anyone. It sure beats having to take pain or anti-inflammatory medications. I would also like to point out the importance of remaining positive. I greet each day and claim the energy of it. Go within and talk to your body. It is often waiting for clear instructions from you.

Have a very blessed day.

Carol (CJ) Steck July 25, 2017

Richard.

The first Pain Pad and Pencil I bought for my wife.

She had a hip operation last June and rheumatic problems with her back and her bones. I am also riddled with rheumatism in the joints and bones. But mostly my wife is

using the Pad. Since using the Pain Pad her back problems have significantly been reduced. We received the Pad in October and it took maybe 1 month to notice results. The post operation problems using the Pad and the Pen have very much shortened the recovery period after the hip op. In recent times, the Pad was only used again because my wife had a fall in the bathroom and aggravated the lower back and had a lot of bruising. This was 6 weeks ago.

After 3 weeks using the Pain Pad and Pen everything went back to normal. My wife will be 79 this year. After the operation, she had very much swollen legs and ankles. The Doctor thought that she would have to wear compression stockings every day for the rest of her Life. I treated the legs and ankles for 3 month every night; she does not need compression stockings any more.

I myself had an accident last year, getting my left hand court in a saw blade. Emergency operation with re-attachments of nerves and so on; 2 hours. The Doctors said it takes several years for the nerves to be normal (prickling sensations). While I have been treating my wife's legs and ankles every night, basically holding the Pain Pen, my hand and fingers even benefitted from just holding the Pen without even treating myself. It's now 12 months since I had the operation and my hand is back to normal.

I like to mention that many times I can see the Plasma energy and its bluish hue. Since we bought the Pain Pad and Pain Pen we have spread the word. I bought since then several Pads/Pens for Friends and Relatives. Everyone is praising the products. Just today I talked to my 87-year-old neighbor, Keith. He was the last one I ordered a Pain Pad for. The delivery was about 3 weeks ago. He told my wife just today his lower back pain was gone. I was so pleased to hear this. All the items I bought for the Friends and Relatives I passed on without any further charges. Just seeing it as a privilege to be of service.

My Person is absolute grateful to Mr. Keshe and his benevolence.

Harald Masheimer April 27, 2017

Richard..

Received my Pain Pad and Pain Pen about 4 weeks ago. Been experimenting, using both on Restless Legs, chest pain and mid-back pain. The Pain Pen works great relieving the RLS, allowing me to sleep 5-6 hours at a time. However the chest pain and the accompanying L arm pain has been more difficult to control. The pain episodes (while wearing the Pain Pad on my back) sometimes last an hour or so, with me short of breath, crying, vomiting and screaming in excruciating pain. FYI at 79 yo I have never taken prescription pain meds. End up using 95% O2, Verapamil, Nitro, ASA, Essential Oils, and occasional Ibuprofen to get the pain under control. I can thankfully say these intense episodes are fewer and less severe since wearing the Pad on my back 24 hours a day - episodes down from 1-2 times a week to 3-4 in the past month. Yeah, I think I am detoxing (urine is more concentrated) and the plasma vibes are healing me.

The Pain Pad is my new best friend. Will continue using the Pain Pad and Pen and drinking the Pen water. I am a believer.

Thank you Dr. Presser for providing the Pain Pad and Pens and all the personal contact, and thank you Mr. Keshe and all the folks at the Keshe Foundation for this wonderful technology.

In great appreciation

Donna Dean February 6, 2017

Dear Richard,

I have been using the Pain Pad for my persistent back pain for about a month now and can honestly say that wearing it at least once a day has removed all the tension that seems to be building throughout the day. I am generally a healthy 42 year old male so removing the usually accumulated back pain has improved my quality of life significantly.

Thank you for providing this product!

Best regards, Richard November 1, 2017

Hi Richard,

I recently borrowed a Pain Pad from a friend to use on my injured hip and by wearing it to bed, I found that the pain diminished significantly although the hip weakness remained.

Last week I had laparoscopic surgery for an inguinal hernia with full anaesthetic and took the Pain Pad with me. This was my second such op and the first time I had some pain during the following week but I refused to use painkillers.

This time I went home the following day by Greyhound coach (3½ hr trip) and I wore the Pad. Each night for the next week I wore the Pad to bed. At no time did I have any pain at all and I am now all but fully recovered. I believe that the Pain Pad was the reason for the total absence of pain. The surgeon did suggest that I take painkillers over this period, so he expected that some pain was normal following the op.

Bill March 15, 2017

Dear Richard,

I just want to let you know that I am very satisfied with the products you sent me a while ago (the Pain Pen and the Pain Pad). The Pain Pad has been a wonderful help for me for my lower back, which has been hurting a lot for the past several years. I use it a couple of hours every day and it has been a wonderful help.

I have not yet had the opportunity to use the Pain Pen; however, it has been helping me to completely remove the sun spots on my hands just by moving the Pen over the spots. I have found this quite remarkable as I have not been able to find another product with the same effect.

Kind regards from

Bente December 17, 2016

Hello Doctor,

I would like to thank you and Mr Keshe.

I received my very high quality Pain Pad yesterday and attached it to my aching knee. It was too hard to walk around with it on so I undid it and saved it for bedtime.

I applied the band on my leg for the entire night's sleep and I woke the next morning with the pain nearly all gone. I can't thank you enough.

Please feel free to use any of my correspondence in any way you see fit.

I cannot thank you and the Keshe Foundation enough.

I hope you have a great day week, month and life.

Kind regards,

Philip Branagh September 20, 2016

Hi Richard,

I would just like to drop another quick line to you to thank you again for the Pain Pad.

I wore it for the second time in bed again last night and when I woke this morning I had a very good sleep.

I woke this morning and I did not have the usual numb almost pain feeling I usually have in my knee. As I have told you before I had an arthroscopy on my left knee quite a while ago and my knee has been very sore with what I have been told is knee bone on bone and Arthritis, (my wife just said it is rheumatoid arthritis.) I forgot what the doctor said.

Anyway, the Pad is working great, I don't think you will be needing people to vouch for the technology much longer as I'm sure word will travel fast and you will be rushed off your feet trying to keep up with orders.

Goodnight and thanks.

Philip Branagh September 22, 2016

Richard, I have had the Pain Pad for over 4 months, and I would not sell it back for 5 times the price paid.

Tim Clanton June 2016

Hello Richard,

The Pain Pad is a godsend for me. My body does not take to pain medications very well and this Pain Pad has alleviated the need for medicine for those issues listed below.

After using my Pain Pad for a few weeks now, I am happy to report that it has been very beneficial to my low back, mid back and gluteal problems. I use it mostly during my naptime which is usually 1-2 hrs, when my schedule allows.

It's not unusual to feel energy moving down my thighs. (?)

I always feel relaxed and ready to go again... pain free... after my time on the Pain Pad.

I look forward to more products from Keshe Foundation.

Best regards,

Becky July 31, 2016

Richard,

My 80 year old mother has been using the Pain Pad daily for a 3 weeks since she fell and cracked 2 ribs. It gives her needed relief and a warming sensation.

She is healing very well according to a doctor's follow up recently.

Kurt L. July 31, 2016

I want you to know, after these several months of using the Pain Pen and the Pain Pad, I am still happily using them.

Both the Pain Pad and Pain Pen provide the relief I have been looking for after having concerns about consuming over-the-counter pain relief medication with regularity. That is the past.

I now use both Keshe items as often as I need, and am a committed user and defender of the above mentioned items.

I freely mention them both to the uninitiated, while observing the curious looks as I go on about my good fortune and the Keshe Institute.

I know it is not all sinking in with my captive audience, but I realize my story will reside in the backs of their heads for some time. I expect future calls about where I got both these items!

I will tell them, with glee.
Thank you again, many times over, to both you and Mr. Keshe.
You are my heroes.
Most sincerely,
Linda M. Miller October 30, 2016

Hi Richard,
I love the pain pad, it is very helpful! I don't have bad or chronic pain, just the occasional lower back pain and occasional joint pain. But the product delivers as the pain goes away for me in 10 minutes or so. If I leave it on for the recommended 1 hour it holds the rest of the day. Amazing!
Thanks again,
Don October 27, 2016

I asked Richard if the Pain Pad worked as a sedative for pain and he said, 'No. It works with your body to heal itself.'

I tried the Pain Pad for my kidneys and bladder. After a couple of days, I noticed that I wasn't bursting to go to the toilet in the morning, despite drinking tea about an hour before bed. I had been avoiding that for years, as I would usually have to get up at night.

I have also been suffering with gallstones for over 20 years. One morning, a few days later, I was meditating in bed and felt this pain in my abdomen. I recognised it as the gallbladder pain, which I'd get periodically. I tried a few things that sometimes worked, but came to the conclusion that I needed to make an appointment with my CTM practitioner again, very soon.

Then I remembered the Pain Pad, and put it over the pain. I continued meditating and after a couple of minutes, was aware that the pain didn't seem to be there. Five minutes later, I knew for certain that it was completely gone.

I folded it up and lay on it, with the Plasma panel longways along my spine. Pain I had running in my spine and lower back was gone, but what really surprised me was that pain I had in my big toe from an old break, was gone. It has come back a few times since, but goes each time I just lay on the Pain Pad.

I was so impressed with the results that I did not heed the warning of only using it for no longer than one hour, twice a day, because the body could detox too rapidly.

I would give it a hug and give thanks for the healings and I started sleeping on it [folded up]. I lost my sugar craving and, for a few days, I didn't even feel like eating at all. I was so excited at how good I felt. The thought came to me that maybe I could become a Breatharian after all [I think I heard or read somewhere, where Mr Keshe said that we could live off the Plasma that is all around us].

That lasted about 3-4 days, with headaches and fevers at times, before it started to wear off and I began eating again, but with more discernment, and still no sugar craving, and without really trying. I was feeling lighter and clearer.

About 5 days later, I felt as if I'd bitten the inside of my lip, but found that it was actually a cold sore developing. I haven't had one for about 15 years, after I'd learned to stop it in its tracks before it got a foothold.

I then realised that I'd probably either had a virus, which would explain the loss of appetite, headaches and fever, or I'd just been through a detox without realising it, as it was so gentle, without the usual discomfort, struggle and trying, with only this huge cold sore as evidence.

My 8 Year Old Granddaughter's Experience

My bright little granddaughter hurt her ankle playing basketball. The physiotherapist said it was a bruised bone and put her on crutches. When I asked her what her level of pain was, with 10 being where she's dying with a broken bone pain, she gave it a 7. After two lots of 20 minute sessions with the Pain Pad, it was 3-2. The next morning, it was a 1, without crutches. Two weeks later, she is still walking and playing with no pain at all.

Lolita October 23, 2016

Dear Richard,

I have been using the Pain Pad and Pen now for a couple of weeks. I have a little discomfort in the lower back and primarily use the Pain Pad for an hour or so each day. Although it is too early to know exactly how effective the Pad is, it gives me a wonderful feeling of general wellbeing. As I mentioned in an earlier email, I have very little pain per se, so it is not easy to point directly to a healing or sudden reversal of some malady. Nevertheless, the technology does seem to support a consistency of wellbeing. I do believe it is helping my lower back and will keep you apprised as time progresses.

All the best,

Bob August 20, 2016

The following is a quote from Gordon Duff of Veterans Today, who has known Mehran Keshe for some time:

[After an emergency room](#) visit and two visits to my primary care physician at the VA, under whose treatment I got only moderately worse, I turned to Keshe. Keshe sent me a belt, a rather nice thing, lots of Velcro, flexible, one of his plasma things. In two hours I was better, not permanently, but no pain, no inflammation.

I had Hanke get one too, who has hip damage from his 2000 plus parachute jumps (yes, that many). Keshe medical technology can cure a rainy day, at least when it comes to pain, inflammation and healing issues. Chalk one up for Keshe.

Gordon Duff June 2016

Hello Richard,

My mother is 92 years old with a lot of pain in her right hip with no cartilage. She is too old to have an operation at this point. Her hip was getting so bad she could only find relief when lying down. I purchased the Pain Pad for her. Within 2 days she felt much relief and in fact felt better than she has done for a while. I am ever so grateful that this has helped. I also purchased some Pain Pens. I get a lot of burning pain in my elbow joints. The Pain Pen offers some temporary relief, often with me forgetting about the condition for most of the day.

Regards,

Alexander Weiss November 9, 2016

I had the best sleep I've had in years - no pain!

Martha J Hart

Jan 15 2016:

Good Morning. I received my Pain Pads from Jackie Power Ausich and here's an interesting little titbit: I had a sinus headache all day, could not get rid of it. When I took the Pads out of the envelope and removed the Pads and set them right by me my

nose started to clear and within 15 minutes my headache was gone. I took one Pad out and wore it for about three hours and my energy began to change, I felt a warmth from my lower back all the way down both legs and the pain in my lower back began to ease. I will let you know more later. I am going on vacation and will be traveling by car I will not be on-line until I return on the 26th of Jan. Love and Light to all. Keep up the good work.

Jan 28 2016:

Just a little update on the Pain Pad someone gave me. I have had lower back pain and pain in my hips for years. I have had many shots in both my hips and my lower back only to give me slight relief. I wore the Pads every day whilst I was on vacation, I walked up and down stairs and rode a bus for 12 hrs home. Now, when I have ridden a bus that long I can hardly move, my feet swell and I am in so much pain. I am telling you I was tired but I did not have any of the past issues. I love the Pads.

February 12th, 2016

Another update on the Pain Pad: I have been taking pain pills now for about three years, and even with them I only sleep about 4 hrs. Last night I went to sleep with the Pad and chose not to take my pills. I had the best sleep I have had in years. Although my cat woke me up at 4am I did not feel tired; I felt rested. I only wish now that I also took this on vacation.

Thank You,
Jackie Power Ausich

Dec, 3, 2015 (phone message from Linda in the United States)

Hi, this is Linda. I want you to know about the Pad. I got it yesterday. I am so happy with this thing! If you remember, I told you that the bones in my hand were actually trying to come through my hands...I have arthritis and lots of pain... I am so happy, the pain is gone and the bones are actually going back into my hand! I am so happy! Thank you so much... I cannot believe it! Anyway, thank you and you have a great day!

Dearest Keshe Foundation Team! - 2015

I ordered the Pain Pad because I wanted to give it a try. I have been following this technology for some time and as a Doctor I often research new health/healing claims and products.

I am happy to say that I got my order yesterday and tried the Pad and it worked beautifully on my shoulder, which I had hurt some time ago and which flares up now and then. The pain is completely gone.

Thank you.
Laurie XXXXX MD.
Seattle, Washington

Hi Kevin,

I wanted to say thank you! Why? I have three slipped discs in my back and went to my doctor yesterday. He put one of your Pain Pads on my back and within minutes the pain was gone! I couldn't believe it and I am so very pleased and elated! I might never opt for surgery now. I want to order one of the Pads immediately, so please let me know how to do that. God bless.

Mary
USA (2015)

On Oct 27, 2015, at 4:57 PM, Dan wrote:

Hi Kevin,

Got my Pain Pad today, and I felt the difference after only 30 minutes.

But is the Pain Pad exclusive to me or can I lend it to my parents and my dog? (Answer is yes)

Best regards

Dan

Hi,

Just so you know, the first Pain Pad to be “tested” was by a good friend who is a massage therapist extraordinaire, she has had a knee injury since her early teens (regular inflammation, flare ups etc.), she tried the Pad for 2 sessions over 2 days of approx. 30 mins. She now has free movement in her knee & will share this info & gladly offer them to her clients!!

Regards

Christopher & Peppia Tolley 2015

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